



## NORTHPOINT ADVENTURES SYLVANIA WILDERNESS CANOE – PACKING LIST

The following items are necessary for a safe and comfortable Sylvania Wilderness experience. If you have questions, please e-mail Northpoint Adventures.

### THE BASICS

- 1 Fleece Top
- 1 Nylon Jacket (for paddling)
- 1 pair Rain Pants (optional)
- 1 pair Quick-Dry Long Pants (athletic pants, hiking pants, etc.)
- 1 pair Long Underwear (Hot Chilis, Under Armour, etc.)
- 2 polypropylene T-shirts, one short- and one long-sleeve
- 1 cotton T-Shirt for around campsite
- 1 pair Nylon Athletic Shorts
- 1 Swimsuit
- 1 pair cotton Socks for around campsite
- 1 pair Smartwool socks
- 1 pair of Pajamas or sleeping attire
- 1 Baseball Cap or Visor
- Undergarments (underwear, sports bras, etc.) as necessary

### FOOTWEAR

- 1 pair of Tennis Shoes for wear around the campsite
- 1 pair of Sandals you can strap to your feet (Chacos, Tevas, etc.)

### EXTRAS (but still important...)

- 1 Chapstick or Blistex
- Toothbrush & Toothpaste
- 1 Headlamp - important to have your own
- Camera\*
- Bug Spray - preferably Black Fly Formula
- Sunscreen
- Sunglasses
- 1 package of Wet Ones or similar hand wipes
- 1 small Towel or "Pack Towel"
- 1 small Sleeping Bag
- 2 Nalgene-brand Water Bottles (wide-mouth, one-quart size. MUST be Nalgene-brand to work with our water purifiers.)
- 1 Crazy Creek Chair or Sleeping Pad - not both, space is limited\*

\*denotes optional item

Northpoint Adventures will provide remainder of gear, including life vests, paddles, river packs, cooking and eating utensils, and more.